

Inside THE CUPBOARD

LOOKING BACK TO LOOK AHEAD



June 1st marked my first anniversary with The Lending Cupboard. I'm not sure where the time has gone, but as I look back, it certainly has been an exciting and full year.

We have seen a change in the physical layout of our facility, growth in our staff and volunteers as well as improved visibility in the community and the number of clients being served. It is a thrill for me to come to work every day. On Monday, Wednesday and Friday when we are open, the Cupboard is a buzz of activity, with a great group of people.

The last 11 months has seen over 14,000 pieces of equipment go through our loans program. At a rate of approximately 355 clients a month, we will exceed 4,000 individual people coming to The Lending Cupboard for support in our 2015-16 fiscal year. Our fundraising efforts have been successful and the individual donations have been growing also.

So what does that mean for the organization? As we come upon our 10 year anniversary, it is fitting that we take a look back at our history, examine the growth and prepare for the future. We started that in the fall with some strategic planning, and now we will be embarking on a Community Needs Assessment. This project will be key in providing our Board of Directors and myself with the information needed for evidence-based decision-making, which will set the stage for the next number of years for The Lending Cupboard. Stay tuned as we celebrate 10 years and set off on this exciting journey.


Dawna Morey
Executive Director

PLANNING OUR FUTURE

Throughout the summer of 2016, The Lending Cupboard is undertaking a Community Needs Assessment.

Some of what we will learn includes:

- Population and demographic growth trends in Central Alberta
- Emerging health and wellness issues in Central Alberta
- Current and proposed policy and legislation that might impact people's level of need for our services

It's important that we undertake this ambitious project so that we can manage our growth, including planning for our facility, staffing and financial needs, both in the near future and coming years. In addition to the extensive research that will be conducted, we will be looking to the Central Alberta community to help us learn. As such, a number of focus groups and conversations will be held throughout the region, beginning in July.

If you would like to participate in a focus group or give input into this project, please contact Special Projects Assistant Kayla Michalenko at 587.272.2186 or email her at projects@lendingcupboard.ca



"The Lending Cupboard is so important to the community, and we want to ensure that the Cupboard is strong and sustainable for many years into the future. The planning we're doing through the Community Needs Assessment is critical, and I look forward to seeing the results."

Gary Pottage, Chair,
Board of Directors

GET THE MOST OUT OF SUMMER

If you have limited mobility, or health issues, it can sometimes make you feel like you're trapped in your own home. We all know the value of sunshine and fresh air, but there are times when the effort of an outing can seem overwhelming.

So what can you do to get outside and be more active, even with health or mobility constraints? Here are some ideas:

- Have tea on the patio
- Attend a garden party
- Find a walking buddy

Talk to your doctor or health practitioner about the best options for your situation.

Happy Summer!



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LADIES LUNCHEON

June 2016 - A huge THANK YOU goes out to the ladies of Central Alberta for another successful Ladies Luncheon. There were 162 ladies in attendance this year.

Your generosity and the hard work of our amazing volunteers helped us raise \$4,005.00. Well done, everyone!



Left: Georgia shares why she supports The Lending Cupboard.
Right: 162 women strong enjoying the Ladies Luncheon & Supporting The Lending Cupboard.

SPONSORSHIP OPPORTUNITIES

Are you a Central Alberta business looking for a worthy cause for your corporate sponsorship?

Consider The Lending Cupboard! We rely on donations, grants and sponsorships for over 70% of our annual operating costs.

If you want to help us share with Central Albertans to improve their quality of life, contact Executive Director Dawna Morey at executivedirector@thelendingcupboard.ca or call 403.356.1678 ext 21.

SPOTLIGHT

Donation



Corinne Skelton, Secretary Venus Chapter No2 OES presents Dawna Morey with a \$500 donation. One of many given over the years by this group.

Specialized Equipment

Did you know we carry some specialized equipment? Just a few examples:



WANT TO GET INVOLVED?

Contact our volunteer coordinator at the Lending Cupboard: volunteer@lendingcupboard.ca or 403.356.1678.

UPCOMING EVENTS

Young Guns Golf Tournament

The 2016 Young Guns Golf Tournament will be held on June 21st at Alberta Springs. The Lending Cupboard will be there with our "pot of gold" donations bucket, and will receive some of the proceeds from this event.

You can register to golf by calling 403.877.0311.



BBQ at Harley Davidson

The Cupboard will host a BBQ at Harley Davidson on Gasoline Alley on June 25th, from 10AM to 4PM. Harley Davidson is having a "demo sale" during this time, so come have a burger or hot dog, chips and drink for \$5 to support the Cupboard, and see some awesome bikes!

10th Anniversary

Save the date!
We're celebrating our 10th anniversary at Parkland Nurseries on September 15th, 2016. Watch the website for details.



Gasoline Alley
TEST OUR METAL
SATURDAY | JUNE 25 | 10AM-4PM
Harley-Davidson
Good People. Good Times. Great Service.
All you need is a motorcycle license, your gear, and a passion for riding. We'll take care of the rest. BBQ proceeds to benefit The Lending Cupboard.
Red Deer, Alberta 403-341-3040
www.GasolineAlleyHarleyDavidson.com

STAY TUNED

Want to learn more about the Lending Cupboard? Visit our website at www.lendingcupboard.ca anytime to stay up-to-date on events, and be sure to look for the 2016 editions of "Inside the Cupboard" coming in the fall.