

Enjoy a....
*Cup of Coffee with the
Cupboard!*



*From the desk of our
Executive Director
Lori Shatto....*

Good morning and thank you for choosing to join us for this week's edition of Coffee with the Cupboard.

We trust that you are all keeping well and are enjoying this beautiful spring weather we have been having the past few days. It is so nice to see the snow disappear and see the sunshine. In no time at all, we will begin to see new growth beginning to take shape on the trees and in our flower gardens. Spring is one of my favorite seasons. It brings new life and energy after the winter months.

Next week, all across Canada and definitely here at TLC, we will be celebrating National Volunteer Week. We are so incredibly thankful for the many volunteers here at TLC that continue to join us each week and provide such great service to our community. They bring their compassion, skills, and kindness to ensure that we are here to support our neighbors with medical equipment and daily living aids. I cannot express my gratitude enough to this wonderful and dedicated group. Thank you to each of you! You are a very important part of the work here at TLC - we are so grateful for you!

Looking ahead - don't forget to get your tickets to our 12th annual Ladies' Luncheon, which is coming up very quickly. Join us on May 11th for a wonderful day of food, fun, fellowship, and fashion! I look forward to seeing and chatting with you on May 11th.

Please remember that if you or someone you know is needing medical equipment, please reach out to us at 403-356-1678. We are here to help.

Until next time - take care,

Lori Shatto

*What's happening at the
Cupboard!*

National Volunteer Week at TLC!



This year's theme for National Volunteer Week (April 16-22) is 'Volunteering Weaves Us Together' - and that's a sentiment that certainly rings true here at TLC.

"That is exactly what our volunteers do," said Brenda Radu, TLC's volunteer coordinator. "They do everything to support the community and us."

"They are of course immensely helpful to us - without them, the equipment wouldn't get repaired, cleaned, or loaned out," she added. "They bring compassion and empathy to those who come through our doors - I have seen them give hugs many times; I've seen them pass out tissues to someone who is suffering, or has just lost someone or to someone who has just been diagnosed with a life-changing illness."

During National Volunteer Week, our dedicated team will be treated to special treats all week long. We are very grateful to Central Alberta Co-op for helping us to provide these tasty items.

"It's to show our appreciation for everything they do - whether it's loans, repairs, or cleaning. Some of them donate money as well or work on our fundraisers. They just believe in us, so it's our chance to say thank you for all of the hard work they do."

"Sometimes we can be short for a shift, but another volunteer will always step in to help out. It's wonderful!"

"The amount of equipment that they put through our doors each day is amazing - and you never hear them complain. Everyone who is here - wants to be here, and they believe in what we do," she said.

With National Volunteer Week in mind, it's always an ideal time to spread the word that we can always use more help.

"If they can help someone in their time of need, it fills their cup. And it fills our cup, too, I love to watch them take a new volunteer under their wing and welcome them in, train them, and help them along. You watch them become friends."

For Radu, her role here at TLC never stops providing plenty of inspiration.

"I love to be able to help. It warms my heart when a client says, how much do I owe you for this and I say, nothing! Just a donation if you can afford it. I also love working with our volunteers - they have taught me a lot. They've also taught me about giving back. They are committed to us, and it shows me that throughout life, you have to do this - you have to give back."

Meet new TLC volunteers John and Rod!



Our Volunteer John



Our Volunteer Rod

As we celebrate National Volunteer Week, we are so grateful for the opportunity to introduce you to the latest additions to our amazing team!

John joined us recently in our maintenance department, after learning about TLC from his wife.

"I thought, I definitely need to go talk to those guys because I do have a bit of a mechanical background," he said with a smile. "The Lending Cupboard has been very, very accommodating and everyone is easy to get along with!"

John said he would certainly recommend TLC as a great place to volunteer. For one thing, it's a very supportive environment, he said.

Rod also recently signed on to help us in our cleaning and sanitization department.

His wife had toured the facility and told Ron how impressed she was with the operation.

"It's a very friendly place," he noted of the experience so far. "And I think it's a very worthwhile project - it's a good place!"

If you would like to find out more about volunteering at TLC, call Brenda Radu at 403-356-1678 Ext. 203 or email volunteer@lendingcupboard.ca.

Great news - we have a new van for our delivery service!



The new van has arrived and we are so grateful for being able to provide this service to our community!

We have a BRAND NEW VAN so our handy delivery service can keep right on rolling along across Red Deer and Central Alberta.

"It's a service that is unique to us - we are able to provide our clients with the ability to access equipment. Even when they are not able to come to us, we can go to them," explained Executive Director Lori Shatto.

Deliveries go out Mondays, Wednesdays, and Fridays, and our dedicated volunteer team is able to be flexible with planning drop-off and pick-up times.

"The delivery service is a nice feature because we have volunteer drivers who will not only take the equipment right to the client's door, they will also pick up equipment as well.

"They are friendly, they provide compassion and kindness that we all need. They understand that life gives us all different circumstances and so they are really there to help you out."

In the meantime, having a new van comes with a cost, and that's where our community can play a part in our delivery service.

Currently, our in-town deliveries are at no charge and a small nominal fee for our out-of-town deliveries.

"With our new van, we are looking for sponsorships to help support our delivery program! Sponsors can have a prime spot for their business logo on our van, which goes all around Central Alberta" she said.

If your business is looking for a unique advertising opportunity, call us -- we'd love to have you come on board," she added.

Our delivery program "is such a vital program". We often think of those who are shut in and can't get out, for them this equipment is a must for them to stay in their homes."

Our client Joe is certainly happy that TLC offers a delivery service.

"It's a lifesaver," he said. "And the volunteers were just great. They showed me how things work, and they explained it all to me.

If you would like to advertise your business on our new van and support this amazing service to our community, please contact our Executive Director, Lori Shatto at 403-356-1678 x 202 or via email at ed@lendingcupboard.ca

**We wanted to share a favourite recipe here from us here at
The Lending Cupboard.**



CHOCOLATE CHIP COOKIES

1. Preheat oven to 375°F. Stir together 2 3/4 cups all-purpose flour, 1 tsp baking powder, 1 tsp baking soda and 1/4 tsp salt.
2. Beat 2/3 cups melted salted butter, 2 cups lightly packed brown sugar, 2 eggs and 2 tbsp hot water in a large bowl until smooth. Add flour mixture; beat well. Stir in 1 1/2 cups Chocolate Chips. Drop by tablespoon onto ungreased cookie sheet.
3. Bake 8 - 10 minutes. Let cook. makes about 4 dozen cookies.

Did you know?

We have selected pieces of
medical equipment available
for purchase!



Call us at 403-356-1678 or email contact@lendingcupboard.ca



TICKETS ARE ON SALE NOW

12TH ANNUAL

Ladies' Luncheon

Thursday, May 11, 2023

Red Deer Polytechnic
11:30 AM - 1:30 PM
Doors open at 11:00 am



www.lendingcupboard.ca/ladies-luncheon

Thank You For Your Support!



The Lending Cupboard™ Society of Alberta | #1, 7803 50 Avenue, Red Deer, T4P 1M8 Canada

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