Enjoy a.... Cup of Coffee with the Cupboard!



From the desk of our Executive Director Lori Shatto....

Good morning,

Thank you for joining us for this week's Coffee with the Cupboard.

These last two weeks have been busy here at TLC. First, we had a whole week of celebrating our fabulous volunteers. They bring so much fun and energy to TLC; we couldn't imagine doing this work without them. Thank you, team!

That same week, I met quite a few of you at the Lacombe Chamber of Commerce Spring Trade Show. Meeting so many of you and hearing about your journeys was lovely. Thank you for stopping to say hello.

Of course, things are gearing up for our annual Ladies' Luncheon. It is two weeks away, and we are excited to share the day with you. If you still need to purchase your tickets, I recommend doing so soon, as they are going fast. There will be lots of fun, food, fashion and fellowship. I hope to see you there.

Always remember that if you need medical equipment or daily living aids and are unsure of what we have, please call us at 403-356-1678. Our dedicated team is here and happy to help.

Until next time, I encourage you to enjoy this beautiful weather we have been having. Whether going for a walk, ride or just sitting outside and listening to nature's symphony, it can be a great source of relaxation in a busy world.

Take care,

Lori Shatto

What's happening at the

Cupboard

The Ladies' Luncheon Is Approaching Quickly



With less than two weeks left until the 12th annual Ladies' Luncheon, we continue to be amazed by the community support and interest in this annual event.

"Chatting with the ladies who've come to our office to purchase tickets has been wonderful. There's this palpable excitement that is contagious," said Kristin Mountain, Fundraising and Donor Relations Coordinator.

Local businesses have stepped forward to make this event amazing, and we couldn't be more grateful for all the support. <u>Side Street Fashion & Accessories</u> and <u>Great Strides</u> <u>Fine Shoes</u> have joined again to curate the fashion show, which is always an event favorite.

Speaking of accessories, we're thrilled to announce that <u>Red Deer Goldsmith</u> has also joined the event, crafting an exclusive jewelry piece to be raffled off. "It aligns perfectly with our theme - together, we're stronger than diamonds."

With less than 50 tickets remaining, we would like you to act fast and purchase yours today. Visit our website or scan the QR in the image for more information. We hope to see you on May 11th!

Are You The Missing Piece?



At TLC, we are always grateful for our incredible team of dedicated volunteers. They bring their compassion and dedication every time they walk through our doors. We are a family here that supports our community and each other.

The experience of volunteering with a community organization is genuinely gratifying and brings many advantages. It allows you to contribute to your community and make a positive difference in the lives of others. Volunteering can offer aid to those in need, whether it's through providing nourishment, shelter, or emotional support. Here at TLC, we are helping to ensure our community has access to the medical equipment and daily living supports needed to maintain their mobility, independence and dignity.

In addition, volunteering can help you acquire new skills and valuable experience. This can be especially advantageous if you want to enhance your resume or explore a new career path. Many charities provide opportunities to develop fundraising, event planning, and marketing skills.

Volunteering can also be an excellent way to meet new people and expand your social circle. When you volunteer, you have the chance to work alongside individuals who share your passion for helping others. This can lead to new relationships and connections that can last a lifetime.

Finally, volunteering can be incredibly fulfilling and provide a sense of purpose and meaning. Knowing that you are making a positive impact in the lives of others can be profoundly satisfying and enhance your overall well-being. Volunteering is a beautiful way to give back to your community, acquire new skills, meet new people, and find purpose and fulfillment.

If you are interested in joining our team, please reach out to Brenda, our Volunteer Coordinator, at 403-356-1678 or volunteer@lendingcupboard.ca

Happy belated Earth Day!

Last weekend marked the 51st anniversary of Earth Day, an annual event focused on spreading awareness and support for increased efforts to protect and conserve the planet we call home.

We are one of the many companies and organizations who are working hard to decrease our environmental footprint. Our organization is built on an environmentally friendly concept - <u>lending</u> equipment. Not only does it support a need in our community, but it also provides a place where people can donate unused equipment, keeping it out of the landfill. From there, equipment is inspected, repaired or recycled. We do our best to disassemble broken or unusable equipment so that we can recycle as much as possible.

Thanks to our volunteer Terry, we even keep medical equipment that doesn't meet Canadian health and safety standards out of the landfill. "I asked if I could donate some of this excess equipment to Gleaners, and they would ship it overseas. I've seen people on a piece of board with wheels on it trying to get around. I've seen people with a piece of a stick who have only one leg. 'I remember thinking, we have 300 pairs of crutches! That's the idea that went through my mind at the time," he recalled.

We love knowing that we're making a difference, both within our community (locally and globally) and with our environment.





Thank You For Your Support!





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