Enjoy a.... Cup of Coffee with the Cupboard!



From the desk of our Executive Director Lori Shatto....

Happy Canada Day week! I trust you all had a wonderful long weekend with family and friends.

This week has been another busy one for us at The Lending Cupboard[™]. Our office was closed on Monday to observe Canada Day, and then we were all back ready and refreshed to serve you on Wednesday. We also welcomed a new team member, Tracy Scotvold. Tracy has joined our team as our new Volunteer Coordinator and brings much experience and energy to our already fabulous team. If you are around, please make sure to stop and say hi. Welcome, Tracy - we are delighted to have you join us!

Tomorrow, we share our appreciation and gratitude to our incredible volunteer team at our annual Volunteer BBQ! Watch for more highlights in the coming weeks. Fingers crossed for beautiful weather, but either way, we will be surrounded by the most amazing volunteers in the area - thank you for always serving our clients and TLC with genuine kindness, compassion and dedication.

On Thursday, July 20th, we will be at Westerner Days, partnering with the Rotary Club of Red Deer Sunrise and Habitat for Humanity, selling 50/50 tickets. If you see us, get your tickets and support these amazing community organizations.

Until next time, please take care of yourself and your loved ones. If we can help in any way, please reach out.

Take care,

Lori Shatto

What's Happening at the Cupboard



Our Van Receives A Makeover

Our trusty van, which tirelessly delivers and picks up medical equipment across Central Alberta, plays a vital role in our mission. We understand that limited mobility can make it challenging for individuals to visit our office, so we've made it our mission to break down that barrier by bringing the equipment directly to them. It's our way of ensuring that no one misses out on the medical equipment they need, regardless of their mobility limitations.

And here's some exciting news: Our van recently received a spectacular makeover! Thanks to the incredibly talented team at Reid and Wright Advertising, our van is now decked out in a stunning wrap that catches the eye of everyone who sees it. Not only does this vibrant design add some pep to our operations, but it also serves as a powerful means of spreading awareness about our community services. We can't thank Reid and Wright Advertising enough for their fantastic work! Here's where you come in: We're looking for sponsorship opportunities to help us fund our great van. If you or someone you know is keen on supporting this initiative and making a genuine difference in the lives of those with limited mobility, we warmly invite you to contact us. Every contribution, big or small, goes a long way in helping us maintain and enhance this critical service for individuals throughout Central Alberta.

Improving Bathroom Safety

Bathroom safety is crucial for everyone, especially those with limited mobility or who are recovering from surgery or injury. To minimize the risk of falls and injuries, it's important to use bathroom aids such as bath benches, bath chairs and toilet safety rails.

If you've never come across a bath chair before, you might imagine it as a specialized chair placed in the bathroom, and you're partially right! A bath chair is a specially designed seat that you can place in your shower or bath. It's crafted using water-resistant materials like plastic or aluminum and is equipped with rubber feet or suction cups to prevent slipping on wet surfaces.

There are various types of bath chairs available, each with its own safety features, such as backrests for extra support, armrests for stability and easier transfers, and drainage holes or slats to prevent water pooling. By using a bath chair, individuals can shower or bathe securely even if they have difficulty moving or tire easily.

Selecting the right bath chair is important, taking into account factors like weight capacity, seat width and depth, and adjustability of features. Here at The Lending Cupboard[™], we have a variety of bath chairs and other mobility aids available for loan, so if you or a loved one is in need, stop by and one of our amazing volunteers will help you find the right mobility aids for your unique needs.



Introducing Our Amazing New Volunteer Coordinator: Tracy!





We are thrilled to introduce Tracy, our new Volunteer Coordinator. Her passion for helping others and personal experience with medical equipment makes her the perfect fit for our organization.

Tracy's first encounter with The Lending Cupboard[™] was last year when one of her close friends needed medical equipment. Instead of supporting from the sidelines, Tracy jumped in and offered assistance. Standing at a similar height, Tracy graciously became the model for her friend, who could not pick up the equipment herself. This act of selflessness helped her friend and allowed Tracy to witness the support and understanding our volunteers offer to everyone who walks through our doors.

Understanding the importance of proper equipment firsthand, Tracy has used a walker. Having personally experienced the relief, increased mobility, and self-confidence that comes with a well-fitted device, she knows how essential it is to provide individuals with the right tools to navigate their lives comfortably. Tracy believes, "No matter how old you are or what you're going through, sometimes you need help." This compassionate outlook on life fuels her dedication to making a genuine difference in the lives of our clients.

Since joining The Lending Cupboard[™], Tracy has expressed her excitement to get to know our staff, volunteers, and, most importantly, our clients on a deeper level. For her, this place has the warm, welcoming feeling often associated with home.

Join us in welcoming Tracy to The Lending Cupboard[™] family. We are thrilled to have her on board, and we are confident that she will tremendously impact the lives of those we

serve. Together, we will continue providing the care, compassion, and support that our community deserves.



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