

# Inside THE CUPBOARD

## OPEN CUPBOARD



Well I am not sure about everyone else but this has felt like the longest winter we have had in years and spring is dearly welcomed. It won't be long before we start to see the trees budding and the flowers blooming.

Spring feels like a fitting time as well for us to finally be sharing our news about our relocation. As we have been talking about for the last year The Lending Cupboard Board of Directors and I have been doing due diligence to make sure that we are making sound financial decisions as well as finding a facility that will meet our growing needs and will be a welcoming and safe environment for our staff, volunteers and clients. Check out our stories for more details.

Our Fundraising Committee has also been extremely busy working on helping us reach our \$180,000 goal for this fiscal. With one quarter of our fiscal year left we have to date exceeded \$120,000. We are so thankful to the community and service clubs for all their support during the Giving Season.

It is an exciting time for The Lending Cupboard with much to do over the next couple of months to get ready for the new facility while we remained focused on serving our clients. Central Alberta has been very supportive and generous to TLC and we hope that will continue as we move forward!

*Dawna Morey*

Dawna Morey,  
Executive Director

## New Location for The Lending Cupboard MOVIN' ON UP!

After twelve great years in our current location, the great 'Cupboard Conversion' will soon be underway!

### Announcing: Our New Location!

Yes, we're movin' on up – up Gaetz Avenue, that is. Our new location will be 7803 50 Ave, on the east side of Gaetz Ave, just across the street from the northside Rona store (formerly Totem). This new, highly visible and easy-to-access location will have ample parking for our clients and essentially double our size. This facility has over 6,200 square feet of space, offering the Cupboard ample room to continue to grow to meet the ever-increasing demand.

We hope to take possession in June and undertake an ambitious renovation project to make the new space our comfortable, functional Lending Cupboard home, with room to grow for the next decade. Our hope is to be ready to move in August.

### Calling: All Hands on Deck!

Can you help? We will need volunteers of all kinds to help with the renovations and the move itself. The Lending Cupboard is a volunteer-driven organization, and we are so grateful for the commitment and support of our amazing volunteers. We can't do this project or serve our clients without the community involvement we receive.

If you can help with the renovations and/or move, please contact Volunteer Coordinator Wendy Reimer at 403.356.1678 to get involved.



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## THOUGHTS FROM THE CHAIR



Lending Cupboard Board Chair Gary Pottage has been serving the organization for over ten years. One of the original directors, Gary first heard of The Lending Cupboard through a personal tax client, in his work at Collins-Barrow.

**“Don Laubman was a retired General,” explains Gary. “When he tells you you’re going to do something, you’re going to do it!”**

Kidding aside, Gary says he was intrigued by the concept of re-using equipment through a lending system, rather than everyone always having to buy new equipment. “I’m a big fan of libraries,” he says. “Borrowing and returning books is a successful model, and this seemed to be an extension of that concept, which I thought was great.” After the 2007 tax season ended, he attended his first board meeting, as an observer, and has been hooked ever since.

“We had quite a different reality back then,” Gary reports. “The entire organization was completely volunteer run. Jacqui Joyce, our founder, wore a lot of hats, including that of unpaid Executive Director. We had limited equipment, no processes or systems in place, and half the space we have now.”

**“We still rely on our amazing volunteers. That will never change. Volunteers are the lifeblood of our organization.”**

He marvels at the community response; The Lending Cupboard lent equipment, in that first year, to more than 400 people. With the steady growth in demand, The Cupboard grew its space, secured some funding from Alberta Health Services, was able to hire staff and develop systems to facilitate efficient and effective work. “We still rely on our amazing volunteers,” he points out. “That will never change. Volunteers are the lifeblood of our organization.”

In recent years, The Cupboard has undertaken some intensive strategic planning, and conducted a Community Needs Assessment, to understand how to meet the increased demand and support other communities to replicate the model across the region and the country. The Lending Cupboard recently held its AGM, where new board members were elected. “It’s great to see the interest and engagement from younger members of the community,” he says. “They have fresh eyes, and bring re-invigoration to the organization. There’s so much work yet to be done, but it’s always exciting to see the growth. There are many challenges ahead, but those challenges represent opportunity. The need is there, and we are well-positioned to rise to the challenges.”

## A PRIMER ON HOME CARE

**Did you know that, if you find yourself with a mobility challenge, whether through an injury, or a surgery, or advancing age, in addition to borrowing needed medical equipment from The Lending Cupboard, you can get home care support?**

Home Care is a program operated by Alberta Health Services, developed for individuals with a valid Alberta Health card who require help with basic daily activities. “Depending on your needs, your care team may include a nurse, social worker, occupational therapist, [or] physiotherapist,” states the home care page on the Alberta Health Services website.



**Here’s the basic process for accessing home care:**

1. Call the Central Zone intake number at **1.855.371.4122** and **talk to the intake** worker about your needs;
2. A case manager will meet with you, in your home, to **assess your needs** and discuss what mobility aids you might also require;
3. The case manager will work with you to **create a plan of care** that may involve home care support;
4. If home care support is deemed to be warranted as part of your plan of care, you will begin to receive visits from home care workers, who **may help with dressing, bathing and other personal hygiene, toileting, dining, mobilization and transfer, and medications.**

This important support can help individuals with mobility or other health compromises to remain comfortably and safely in their own homes.

If you require medical equipment as part of your plan of care, your case manager will help you create a list of what you need; The Lending Cupboard team is always ready and able to help you with your medical equipment needs. All Lending Cupboard Society equipment is loaned out at no cost to residents of Central Alberta. Equipment is meant for use by individuals, living in private residences.

**To learn more about home care services in Alberta, call the Central Zone at 1.855.371.4122. For your equipment needs, visit The Lending Cupboard Monday, Wednesday or Friday between 9:00 AM and 4:30 PM.**

## WINE SURVIVOR

**The Lending Cupboard was overwhelmed by the response to the first ever wine survivor raffle held just this last month.**

We had tremendous support from across a number of sectors and across the whole central Alberta area. It was exciting for people and anticipation grew as the draws happened daily over the week. With a total of 76 teams participating TLC raised \$9,120 and the top three teams went home with a bucket full of wine! Thank you for all those that supported us and stay tuned for the next one!



Fundraising Committee Members Wendy Reimer & Connie Wiseman present representatives from the winning teams with their wine!



### **BIGGEST LOSER was TEAM PIVOTAL**

Team Captain: Jessica Skretting  
Each team member receives a bottle of wine.

### **3RD Place Winner was BOOB & ½ Team**

Team Captain: Doris Kibermanis  
Winning Ticket: Dr. Edmund Baker  
The team shares 90 bottles of wine.

### **2ND Place Winner was I NEED A NAPA**

Team Captain: Diane Kelly  
Winning Ticket: Diane Kelly.  
The team will share 135 bottles of wine.

### **1ST BIGGEST WINNER was GRAPE EXPECTATIONS**

Team Captain: Karen Hetherington  
Winning Ticket: Sharyl Smith  
This team will share 225 bottles of wine!!!

## Spring Cupboard Campaign: HELP US GET HOME!

**In its current location, The Lending Cupboard has been at maximum capacity for space for the last number of years. We've been tremendously grateful for the facility we've inhabited over this past twelve years; it has served us well and is filled with many wonderful memories. However, with the growth of our client base over the years – from serving just over 400 clients in year one, to serving more than 9,700 in our last fiscal year – you can imagine that we are in dire need of more room.**

As such, The Lending Cupboard is saying goodbye to our beloved original space and moving locations this summer. You can read more about the new location in the article on page 1.

The move itself comes with costs, of course, and doubling our size also involves added operational costs.

### **Our goal for this campaign is \$500,000.**

The Lending Cupboard is committed to supporting everyone in Central Alberta to live with dignity, mobility, and independence. Whether it's by personal injury, compromised health or surgery, or advanced age, people who need access to reliable, functional medical equipment is on the rise. The Lending Cupboard serves a number of communities all across Central Alberta and beyond and intends to be here to provide the needed service and support for many years to come, and we need the community now more than ever.

**The vice chair of The Lending Cupboard's board of directors, Bradley Williams, is serving as the Chair of the Spring Cupboard Campaign; those interested in joining the committee or learning more about corporate sponsorship, or any other aspect of the campaign, are invited to contact him at [bradleydwilliams2@gmail.com](mailto:bradleydwilliams2@gmail.com). You can also contact Executive Director Dawna Morey at [executivedirector@lendingcupboard.ca](mailto:executivedirector@lendingcupboard.ca).**

**In order to make this happen, we need the community's help!**

There are a number of ways to be involved in helping The Lending Cupboard get into its new home.

We need:

- ➔ In-kind gifts and contributions of plumbing, carpentry, electrical, and other trades to help with the renovation
- ➔ Volunteers to help with the renovations and move
- ➔ A moving company to offer a gift in-kind for the move
- ➔ Donations of good-quality office furniture
- ➔ Corporate and individual financial contributions
- ➔ As well, the campaign committee has room for additional members.

## JEANS DAY CHALLENGE

Over 10 financial institutions and a few companies participated in TLC 1st Jeans Day Challenge on January 12, 2018. Stay tuned more challenges to come. We hope you will participate.



JUST OVER  
**\$1000**  
RAISED IN TOTAL

## MARK THE DATE May 17, 2018 9th Annual Ladies Luncheon

being held at the  
**Black Knight Inn**  
Thursday May 17th, 2018  
Doors open at 11:30 am  
(11:30 am to 1:30 pm)  
Tickets: \$35.00 each

Please purchase your tickets at the  
Black Knight Inn Ticket Centre  
[www.bkticketcentre.ca](http://www.bkticketcentre.ca)  
403.755.6626 or 1.800.661.8793

For more information call 403.356.1678



## HOURS OF OPERATION

Our hours are:  
Mon/ Wed/ Fri: 9:00 am – 4:30 pm

## NUMBER NUGGETS

Nov. 1, 2017 – Feb. 28, 2018

**2,868** Clients Served

**2,450** Equipment on Loan

**2,240** Equipment Returns

**163** Removed Inventory

## WANT TO GET INVOLVED?

If you have a special interest in Special Events, Fundraising or wish to volunteer in clients services, cleaning/sanitizing, or repairs contact our Volunteer Coordinator at [volunteer@lendingcupboard.ca](mailto:volunteer@lendingcupboard.ca) or call us at 403-356-1678

## THANK YOU FOR YOUR SUPPORT



Clockwise from top left:

UCT President with Dawna Morey and Board Member Chris Hume; Paul Graf/ Printing Place and Dawna Morey; Don Olson/ Benalto Elks and Dawna Morey; Chris Hume and Lorraine Tillman/ Red Deer Ladies Auxiliary #35; Dawna Morey and Craig Scott/ CAT Theatre

## STAY TUNED

Want to learn more about The Lending Cupboard? Visit our website at [www.lendingcupboard.ca](http://www.lendingcupboard.ca). Want to receive our newsletter electronically? Send us an email to [contact@lendingcupboard.ca](mailto:contact@lendingcupboard.ca), and we'll put you on the list.