# Enjoy a.... A Cup of Coffee with the Cupboard!



From the desk of our Executive Director Lori Shatto....

#### Good morning!

I hope that you are all doing well this week and staying safe and warm with all of this winter weather we have been experiencing.

Thank you to everyone that came and supported us at CFR last week, as we sold programs! Thank you to our incredible volunteers for stepping up and volunteering for shifts. What a wonderful time we all had, watching the rodeo and spending time in our community.

As we close this week, it is a time of reflection and respect for those that fought for the many freedoms and good things that we experience every day. Please take some time on Friday to remember these brave men and women, including those that still serve in our forces. We will remember them!

Read below about a beautiful display that can be found locally here in Red Deer at St. Luke's Anglican Church.

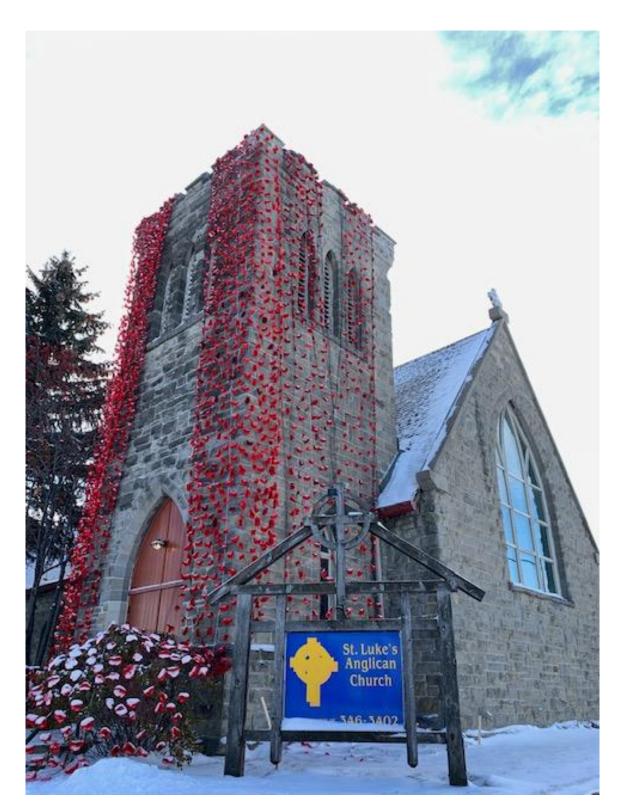
Wishing you all a good weekend and good health! If you need anything, please let us know.

We are here to help!

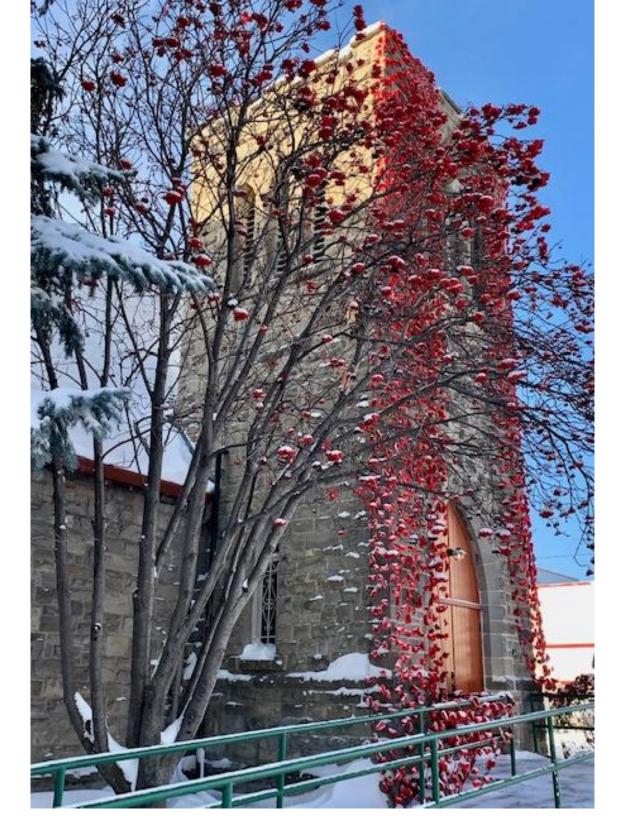
Lori Shatto

## What's happening at the Cupboard!

### Fabulous poppy display featured at St. Luke's Anglican!







Photos courtesy of St. Luke's Anglican Church

If you have driven past St. Luke's Anglican Church lately in downtown Red Deer, you may have noticed a vibrant poppy display on the church's bell tower in honour of Remembrance Day.

Our own TLC volunteer Sandra Ballum had the initial idea for the project, and along with our Systems Coordinator Kathy Cole,

approached the church's Altar Guild about bringing the remarkable project to fruition.

The church was immediately supportive, said Deb Mann, one of the project's coordinators who also attends St. Luke's.

"Kathy was also instrumental in getting in touch with the Canadian Legion, and we received their permission through her," she said.

Volunteers promptly got to work knitting and crocheting the poppies out of yarn, which were later carefully attached to netting. For Mann, the project is especially poignant as her parents were veterans. "It's so stunning," she said.

"And it just brings me to tears. It's absolutely awesome. And everybody at the church thinks it's great."

So does the community at large.

The impactful display has landed plenty of well-deserved attention on social media plus several local media outlets as well. It's a striking and touching reminder of how critically important it is to keep Remembrance Day at the forefront of our thoughts - both now and all year through.

These days, even a touch of snow is making it look that much more attractive, added Mann. "It really looks nice."

The display also goes so well with the unique appearance of one of Red Deer's most beloved and historic landmarks. St. Luke's Anglican Church was constructed in stages between 1899 and 1906 according to Alberta's Register of Historic Places.

As Mann explained, the display ultimately points to how important Remembrance Day is to all of us, all year long.

And for those who haven't seen it yet, there are only a few days to check it out this year.

The display will be packed away after the church's special Remembrance Day service on Sunday, Nov. 13.

"It will come down shortly after that."

### Volunteering at the CFR!

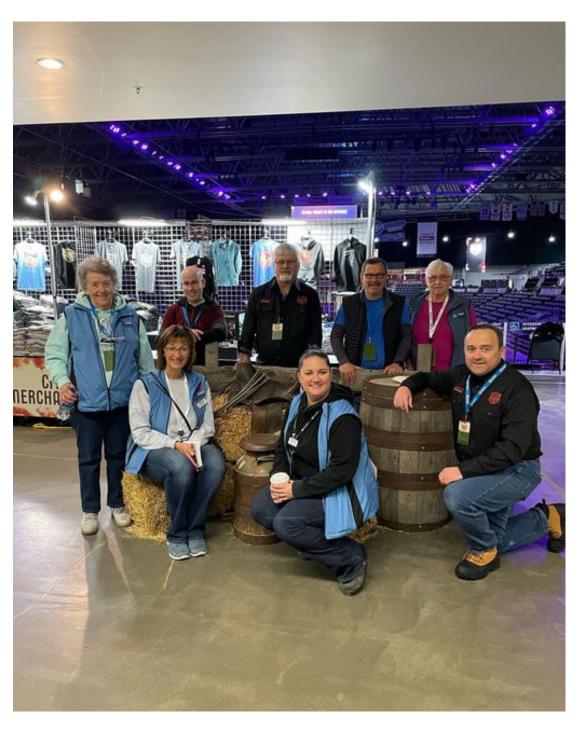
A HUGE thanks to those from our team who volunteered to sell programs at this year's Canadian Finals Rodeo! It's a terrific

partnership and fundraiser for TLC as we collect \$2 from each program sold (plus we were able to enjoy a bit of the amazing CFR action, too).

It was also a wonderful opportunity to get to know each other better - so all around, it was just a fantastic win-win!

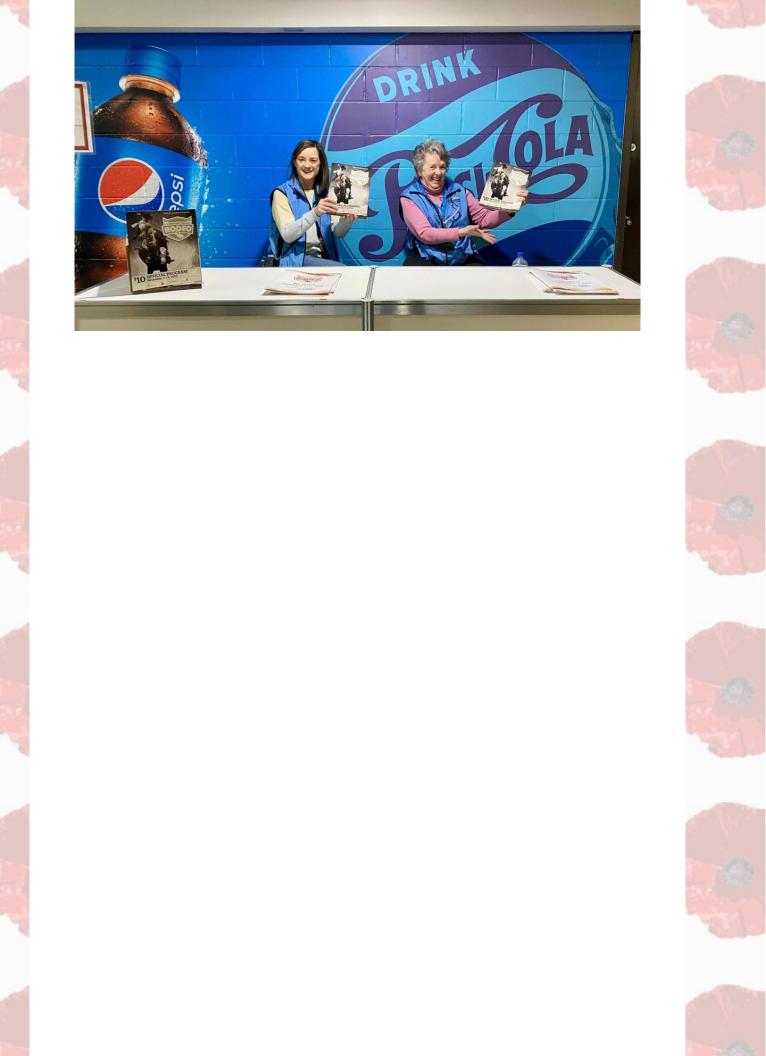
A hearty thanks also to Westerner Park and CFR for this awesome opportunity.

### We really appreciate it!









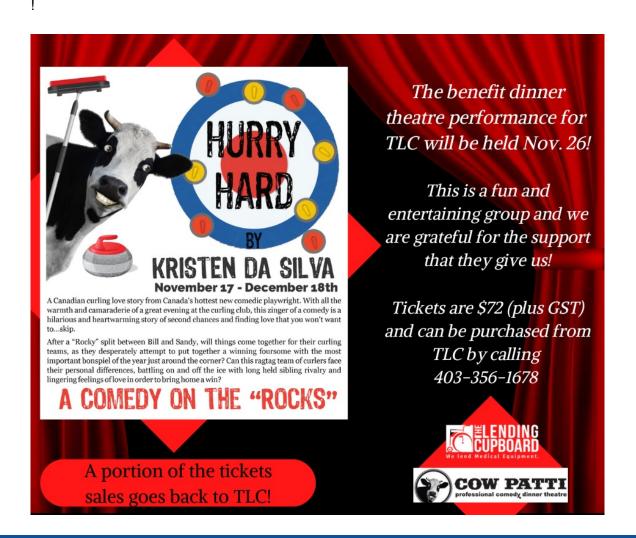


### Support TLC and enjoy a terrific show at the same time!

We are so grateful for the support we receive each year from the very talented folks of Cow Patti Theatre Company! On Nov. 26, we will receive a portion of ticket sale proceeds from the

performance - talk about an amazing pre-Christmas gift! **Here's how you can help** - join us at the Nov. 26 show for a really fun production and a very tasty meal and know that you are supporting TLC at the same time. Tickets can be purchased by calling us here at TLC (403-356-1678) or directly from Cow Patti!

#### See you at the show!



### Did you know?

We are always looking for new folks to join our volunteer team! There are lots of PERKS including tasty snacks, awesome people and the chance to truly make a difference in many people's lives! Call Brenda at 403-356-1678 Ext. 203 or email volunteer@lendingcupboard.ca for more details!



### Need that rollator on a long-term basis? Consider buying one!

Did you know that we don't only LEND medical equipment - we also sell selected pieces as well! They are in tip-top condition and are also available at excellent prices! Call us at 403-356-1678 or email contact@lendingcupboard.ca for more details about how we can help!



### There are many ways to support TLC!

You can join our terrific team of volunteers for a few hours each week, or you can make a donation!

We truly count on your generosity to help us do what we do to serve our community!



#### Thank You For Your Support!





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