

Inside THE CUPBOARD

WARMTH OF WINTER



Winter wonderland has arrived together with the sights and sounds of the holiday season! It's

my favourite time of year but as we take pause to spend time with loved ones, it is also a reminder that another year has come to an end. Where has the time gone?

It was a busy fall at TLC. We saw an increase of almost 15% in the number of people we are supporting this year over last. As you will see featured in this newsletter, TLC is humbled to be able to support people of all ages and circumstances. In some cases when we have an abundance of certain equipment such as crutches and walkers, we gift to other local organizations. Sometimes that reach goes beyond our borders to third world countries.

Again this year, in the true spirit of giving, our team of Staff and Volunteers came together and picked a local organization whose clients we could support in a small way. This is another example of TLC's belief in the importance of supporting community.

At TLC we always feel fortunate that many of our clients and supporters think of TLC in their gifting. Thank you! We hope that YOU will consider donating to The Lending Cupboard this coming year!

On behalf of the Board of Directors and staff, I want to wish you the very best in 2020!

Dawna Morey

Dawna Morey,
Executive Director

A PINT OF SUNSHINE

Some gifts come in small packages. TLC experienced exactly that when 5 year old Kaycee came to visit us with her parents Ashley & Tyler. Kaycee is an amazing, vibrant little girl who has seen two major surgeries due to Hip Dysplasia. In November, she underwent her second surgery and will be in a body cast and wheelchair for months to come.

After Kaycee's first surgery, Ashley's friends informed her of The Lending Cupboard and our services. In October, when preparing for Kaycee's second surgery, they visited TLC. With the incredible help and knowledge of staff and volunteers, they were able to borrow a wheelchair. There was no need to worry about where they were going to find a pediatric wheelchair and not worry about cost. They could focus their energy on Kaycee and her recovery.

Kaycee and her Mom recently visited TLC post operatively and had some cookies and treats. Kaycee is doing extremely well and on the road to recovery. Her energy continues to make her a little pint of sunshine from the moment she enters a room. Her positivity in spite of everything is so infectious, and it is felt long after she leaves. Kaycee and her family continually face situations with positivity and determination. TLC wishes Kaycee and her family the very best!

TLC is thankful that through the giving of others, we are able to keep paying it forward – enhancing the mobility, independence & dignity of central Albertans of all ages!



Produced by
The Lending Cupboard Society of Alberta
#1-7803 50 Ave Red Deer, AB T4P 1M8
P: 403.356.1678
E: contact@lendingcupboard.ca
www.lendingcupboard.ca
Follow us! [t](#) [f](#) [i](#) [i](#)

Dawna Morey, Executive Director
Writer & Editor
Lori Shatto, Marketing/Fund Dev. Coordinator
Layout & Design
Kerstin Heuer, www.heuerdesign.ca

BEYOND THE CRUTCH

The Lending Cupboard has hundreds of crutches, rollators & wheelchairs that are lent out to individuals in central Alberta. These pieces of medical equipment are probably the most recognizable.

TLC's inventory goes beyond the basic mobility and daily living aids; it also includes speciality equipment. These particular pieces require a requisition from a medical provider, as a necessary step to ensure the safety of the user. Some of the specialized pieces of equipment includes;

Cryo Cuff (Cold Therapy)

A cold compress used to reduce swelling, pain and muscle spasms. Often used after surgery, physical therapy and injury. Units are electrical and come with a chamber which is filled with water and ice connected to a tubing and pad. The coolness is then directed to the affected area.



Knee Scooter

An alternative to crutches for those unable to use traditional crutches. Users are able to scoot around and reduce the weight bearing on a leg, foot or ankle. An individual's knee is placed on the cushion for support and to level the body.



Hoyer Lift

A device that is used to transfer an individual who requires 90-100% assistance from one location to another, ie. from wheelchair to a bed. This unit allows movement without strain on either party.

Amongst other items available are bath lifts & roho cushions. If you or someone you know could benefit from the use of our equipment, please contact us.



GIVING HOPE BEYOND OUR WALLS

TLC serves thousands of individuals with various pieces of equipment. Reuse, repurpose and recycle is a vital part of our vision and process. If TLC can't use a piece of equipment that piece is given to another organization that can better utilize it or if it is no longer usable, it is disposed of in an appropriate manner.

TLC has partnered with Parkland C.L.A.S.S. to repurpose some specialized pieces of equipment that will be put to good use in their programs. Parkland C.L.A.S.S. is located in the heart of Red Deer and provides a wide range of disability supports.

Giving hope can sometimes be moving pieces of equipment beyond our borders. Working with organizations such as Canadian Lutheran World Relief, North Okanagan Gleaners & Samaritan's Purse providing medical equipment and daily living aids to those that are in desperate need has helped us to do that.

For Hugo who had polio as a child and who lives near the city of Coban, these gifts mean freedom. Hugo lives on the side of a steep mountain and has spent most of his life in a plastic patio chair. A wheelchair was made available and arrangements made to have him brought down from the mountain. That day he was able to explore the city with more freedom. A wheelchair no longer needed at TLC has brought new hope to Hugo and many others. The TLC team also believes in modeling ways to share with other organizations. Annually at Christmas time staff and volunteers come together to share their kindness to others through our community "gift tree".



Finalist for the Red Deer & District Chamber of Commerce **FABULOUS FALL**

It has been a fabulous fall. TLC was chosen as a finalist for the Red Deer & District Chamber of Commerce, Non Profit of the Year. On October 16th, representatives of The Lending Cupboard attended the awards gala at the Red Deer College Main Stage for a lovely evening of networking and celebration of all the talent, skills and knowledge in the Red Deer area.

Congratulations to Central Alberta Pregnancy Care Centre on being selected as the Non Profit of the year. TLC was truly honoured to be a finalist amongst some incredible organizations that do a fabulous job serving the needs of our communities.

Our website and social media sites are great ways to keep up on what's happening at The Lending Cupboard. Visit us at www.lendingcupboard.ca.



ON THE HORIZON

You don't want to miss an opportunity to attend our 2nd Annual Winter Luncheon to be held on January 27th, 2020. It is TLC's biggest fundraiser of the year and our guest speaker is the very talented Arlene Dickinson. Ms. Dickinson is the CEO of Venture Communications and the general partner of District Ventures Capital. She is a two-time best-selling author, accomplished public speaker, Philanthropist and is best known for her role as a Dragon/Venture Capitalist for over ten seasons on the multi-award-winning television series Dragons Den.

Tickets for this event are \$100 and the first 15 tables are available at \$750 per table (set of 8). Tickets can be purchased through the Black Knight Inn Ticket office by calling 403.755.6626 or visiting www.tickets.blackknightinn.ca



2nd Annual Winter Luncheon
with guest speaker
ARLENE DICKINSON

January 27th, 2020
Cambridge Red Deer Hotel & Conference Centre

Tickets \$100

Get your tickets at:
www.tickets.blackknightinn.ca
403.755.6626

THANK YOU

Thank you Westerner Park for having TLC at this year's **Canadian Finals Rodeo 46**. We had a great time selling programs and daily update sheets to raise funds for The Lending Cupboard. Thank you to all of our volunteers.



Thank you Young Guns Foundation for your continued support. Pictured here is TLC's Executive Director Dawna Morey with Al Kaun from Young Guns accepting their generous donation.



November 23rd, The Lending Cupboard was the charity of choice for **Cow Patti Theatre**. Thank you to our silent auction donors, successful bidders and Cow Patti Theatre.

Thank you as well to **Royal Canadian Legion Ladies Auxiliary #35 and UCT Red Deer Club #1021** for once again supporting us this giving season!



NUMBER NUGGETS

July 2019 to November 2019

4,953 Clients Served

4,865 Equipment on Loan

4,020 Equipment Returns

1,109 Equipment Donated

283 Recycled/Scrapped

WANT TO GET INVOLVED?

If you have a special interest in Special Events, Fundraising or wish to volunteer in client services, cleaning/sanitizing, or repairs contact our Volunteer Coordinator at volunteer@lendingcupboard.ca or call us at 403.356.1678

INTRODUCING THE 2019/20 BOARD OF DIRECTORS

An AGM marks Board elections.

This past October TLC said thank you and goodbye to three Board members, Gary Pottage, Marilyn Rehman and Joyce Scott. We wish them well. Joining and complimenting the Board are Treena Dixon, Samantha Jones and Dr. Bill Young.



Back Row: Treena Dixon, Dr. Bill Young, Dawna Morey – Executive Director, Samantha Jones, Chris Hume Front Row: Jessica Marion, Bradley Williams – Chair, Shirley Thomas, Amanda Blair Missing: AJ Mand, Kevin Schropfer

STAY TUNED

Want to learn more about The Lending Cupboard? Visit our website at www.lendingcupboard.ca. Want to receive our newsletter electronically? Send us an email to contact@lendingcupboard.ca